

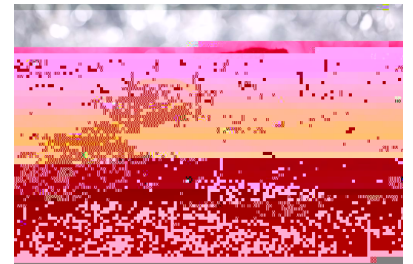
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For many, including the TRIO Talent Search-South executive director, this is a favorite time of the year. It is a time of thankfulness, goodwill, and resolution. The bright lights, winter weather, and (if lucky enough) snow complete the holiday spirit.

As 2022 comes to a close, everyone at TSS wants to wish all the students and their families a Happy New Year! The newness of another year is often what prompts people to make resolutions to improve self-care, to learn a new skill or hobby, to save money for something special, to get organized, or to study more.

Resolutions are similar to goals. They motivate people to strive to reach milestones. Usually, when people falter with their resolutions, it is due to a lack of planning. However, goals can be reached more readily if they are broken down into smaller steps. If becoming a better student means studying one hour more per night, don't try to make those changes all at once. Increase study time by five minutes and work up from there.

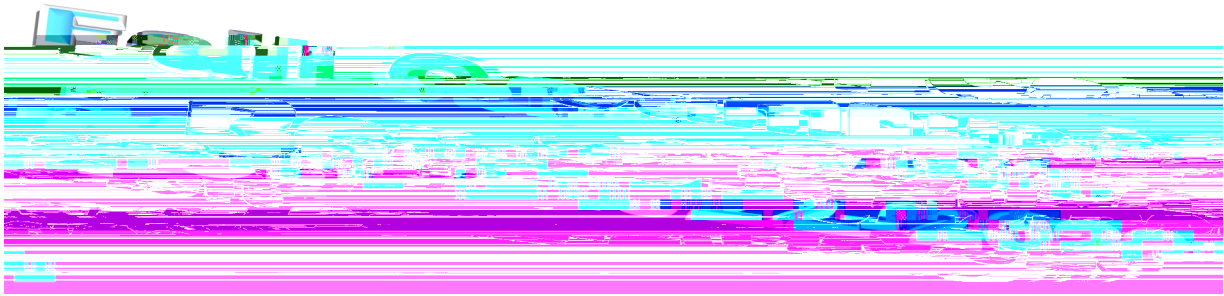
A resolution is a great idea, but having a plan to reach that resolution makes it an attainable, lasting goal. Talk with a TSS advisor for advice on goal-setting. They want to help.



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Abigail is a freshman at South High School. She first learned about TRIO as an 8th-grade AVID student at Truesdell Middle School. Abigail participated in the 2022 Summer Enrichment Program where she gained a plethora of knowledge and met fellow 8th-grade students. She feels that the program has a family-like comradery and enjoys speaking to her program educational advisor about school and life in general. Abigail loves to volunteer around the Wichita community. She loves to sing and enjoys her choir classes.



TS-South is pleased to report an increase in student attendance on campus visits. At the start of the academic school year, seven students from South High School participated in the visit to Emporia State University (ESU). After ESU, 12 students attended the campus visit to WSU Tech (NCAT & South campus locations). Sixteen students attended the campus visit to Kansas State University and KU had 20 students in attendance from South and from walk-in schools. Below are the graphs of the student evaluation results for each visit.

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