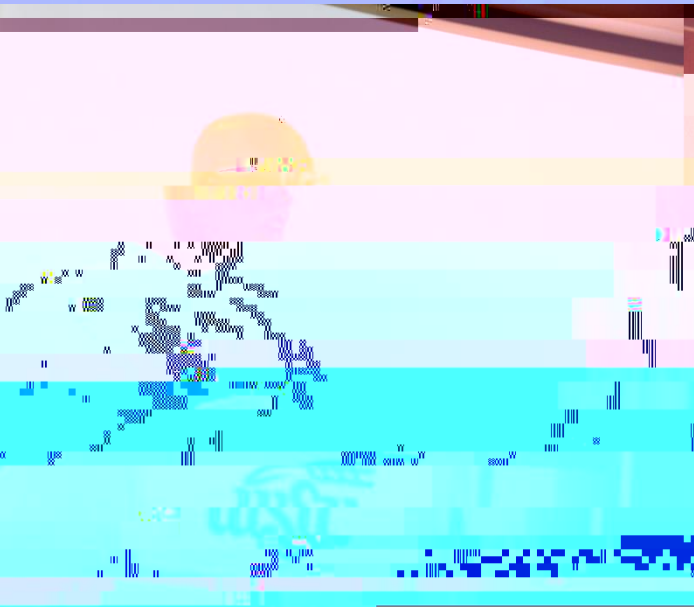


# TS



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The coronavirus has decimated the economy and public health, leading to job loss, food insecurity, and the loss of loved ones. During this holiday season, worry and anxiety are at an all-time high, and the outlook for the coming year doesn't seem, at this time, to be any better. However, no matter how bad things may seem, it could always be much worse; therefore, it is important to remember all the individuals and families who are struggling to make ends meet.

Hopelessness can invade a student's thoughts and before long, affect every aspect of life including school. TRIO Talent Search advisors are here to guide and provide support. The advisors carry a wealth of knowledge and resources to help students stay on track.

While students are experiencing virtual learning fatigue, longing for the day when they can return to their schools, they should remember that homework still matters, grades still matter, graduation still matters, and pursuing a higher education still matters.

One day, when this pandemic has ended, students will reflect on the actions they took during this time. It is in their best interest to make the most of this unfortunate situation and study, do their best, and utilize the resources available to help them help themselves.

TRIO Talent Search is contacting students every day. It is up to each student to respond to the text messages, phone calls, mailings, and other correspondence. It may be the best thing that a student can do for their future. Stay safe and stay positive!





One of the best ways to stay productive during these unprecedented times is by establishing a routine similar to the routine when school is in session. At a time when everything feels uncertain, having a routine can provide consistency and help to retain a sense of control over everyday life. Simply getting up and going to sleep at the same time every night can make a huge difference. It can be simple to incorporate a routine.

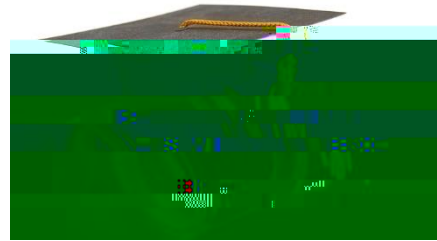
Establishing time for self-care is crucial to good mental health and overall well-being. Having outside contact during this time of social isolation is another vital part of maintaining good health. It also helps to have someone to be accountable to. Accountability is a great motivator for productivity.

Manage time well. Take time to care for one's self, check on friends and family to see how they are doing, and connect through video chat or other social media. Remember that TRIO Talent Search is here to listen, advise, mentor, provide academic resources, and help in the overall success of the student participants. Mentoring services are available on Fridays between 1-5 p.m. by appointment only. Contact Myron Richard at [Myron.richard@wichita.edu](mailto:Myron.richard@wichita.edu) to schedule an appointment.





# Follow the Money



Hey Students!

As the 2020 semester comes to a close, don't forget to look out for scholarships and job opportunities. It's important to keep up with scholarship deadlines and submit the completed applications on time. With the holiday shopping season underway, there are a lot of seasonal jobs and volunteer opportunities at various places. Listed below are some of the opportunities available.

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<https://www.ruddfoundation.org/college-scholarships> : This scholarship is for students who live in Kansas, are Pell Grant eligible, and are leaders within their communities. Students need a 3.0 GPA and plan on graduating in spring 2021.

Deadline: December 11, 2020. Award amount: Full-ride.

Visit: <https://www.ruddfoundation.org/college-scholarships>

[www.reaganfoundation.org/ge-rfscholarships.aspx](http://www.reaganfoundation.org/ge-rfscholarships.aspx) This scholarship is for students who demonstrate exemplary leadership, drive, integrity, and citizenship with financial assistance dedicated to the pursuit of higher education. GPA of 3.0 or higher is required. Deadline: January 5, 2020. Award Amount: \$10,000

Visit: [www.reaganfoundation.org/ge-rfscholarships.aspx](http://www.reaganfoundation.org/ge-rfscholarships.aspx)

<http://www.khedf.org/scholarships/> This local scholarship is for Black and Hispanic students with a 2.8 GPA or higher. Deadline: January 15, 2020. Award Amount: \$1,000 (on average).

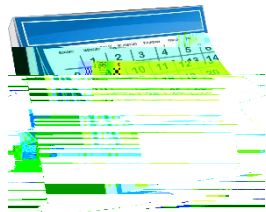
Visit: <http://www.khedf.org/scholarships/>

\*\* (Availability is subject to change)

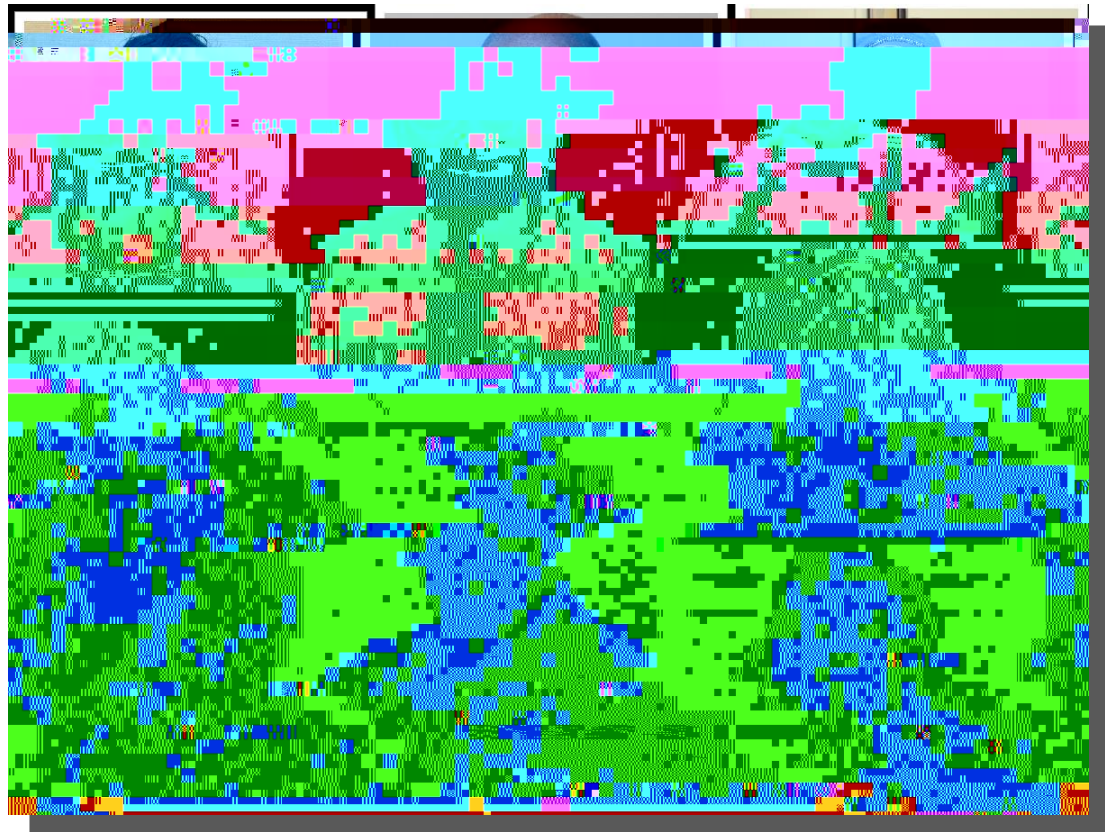
[https://jobs.jcp.com/jobs/3852573-cashier?utm\\_campaign=google\\_jobs\\_apply&utm\\_source=google\\_jobs\\_apply&utm\\_medium=organic](https://jobs.jcp.com/jobs/3852573-cashier?utm_campaign=google_jobs_apply&utm_source=google_jobs_apply&utm_medium=organic)

[https://careers.gamestop.com/job/retail-staff-store-2813/J3Q50376CG0JCYX8NZX?utm\\_campaign=google\\_jobs\\_apply&utm\\_source=google\\_jobs\\_apply&utm\\_medium=organic](https://careers.gamestop.com/job/retail-staff-store-2813/J3Q50376CG0JCYX8NZX?utm_campaign=google_jobs_apply&utm_source=google_jobs_apply&utm_medium=organic)

The mission of the TRIO Talent Search program is to identify, encourage, and assist low income and potential first generation college students to complete a secondary education, enroll in post-secondary education, and complete a postsecondary program.



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